

MIDDLE SCHOOL STUDENT UNION: AFTER SCHOOL RECREATION FOR MIDDLE SCHOOL STUDENTS

The City's after school programs promote positive youth development and help support the needs of families in Dublin. Student Union is for students in middle school, and programs are held at Fallon and Wells Middle Schools in Dublin. Programs run every day from the time school gets out until 5:45 PM, including collaboration and minimum days. **Please note:** Student Union does not operate when there is no school.

A variety of group and individual activities and indoor/outdoor games are all a part of these programs. Middle School Student Union offers various activities, and each school site has a **dedicated, credentialed teacher** to assist students with their homework assignments each day. Each site is supervised by a minimum of two trained Recreation Leaders certified in First Aid and CPR.

After School until 5:45pm Monday to Friday

Session II: January 26 to June 12

Priority Registration: Monday, January 5, 2015 at 8:00 PM

Dublin Residents: Friday, January 16, 2015 at 8:00 PM

Non Residents: Friday, January 23, 2015 at 8:00 PM

Payment Options

Full Session Pass purchase allows unlimited attendance within the session purchased

\$618 Resident/\$741 Non Resident

20-Day Pass purchase allows any 20 visits within the session purchased; any unused days on your 20-Day Passes are not refundable or transferable, and cannot be rolled over to the next session

\$194 Resident/\$232 Non Resident

Middle School Student Union is a popular program and may fill quickly, so please register early.

Session II Middle School Student Union

	FALLON	WELLS
Full Session	36596	36595
First 20-Day Pass	36600	36599

DANCE

🍀 Hip Hop Dance for Children and Tweens

Do you want to dance like your favorite Hip-Hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, gain rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-Hop classes are for students who want to have serious fun while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

9 - 13 Years \$66 Res/\$79 Non Res

Dublin Senior Center

Mon 1/5-3/9* 7:15-8:15 PM Activity #36528

*no class 1/19 & 2/16

Mon 4/13-6/8* 7:15-8:15 PM Activity # 37209

*no class 5/25

🍀 Ballroom Basics

In this popular dance series you will understand Ballroom dancing. The focus will be on Foxtrot, Waltz and Single Time Swing. The easy pace and simple instructions will help you learn quickly, and feel comfortable on any dance floor. This is an excellent class for all levels and for those who want to improve their leading and following. Leather sole shoes are recommended. Singles or couples welcome.

8 Classes Instructor: Catherine Morgan

16 Years+ \$50 Res/\$60 Non Res

Dublin Senior Center

Fri 1/23-3/13 7:00-7:55 PM Activity #36487

🍀 Latin Basics

In this popular dance series you will learn Cha Cha and Rumba with a Salsa introduction. Salsa is fast, taking Latin Basics will help you learn the turns and tempo changes first for a greater dance experience. Simple instructions will help you learn quickly, and feel comfortable on any dance floor. This is an excellent class for all levels and for those who want to improve their leading and following. Leather sole shoes are recommended. Singles or couples welcome.

8 Classes Instructor: Catherine Morgan

16 Years+ \$50 Res/\$60 Non Res

Dublin Senior Center

Fri 3/20-5/15* 7:00-7:55 PM Activity #36488

*no class 4/3





Irish Dance

Beginner and intermediate level dancers will learn a variety of soft and hard shoe dances, as well as group dances. Traditional "set dances" will also be taught. A recital will be held on the last night of class. Beginning students do not need Irish Dance shoes.

10 Classes Instructor: Valerie Deam

13 Years+ \$64 Res/\$77 Non Res

Heritage Park & Museums

Thu 1/8-3/26* 8:00-9:00 PM Activity #36433

* no class 2/12

East Coast Swing Dance

Swing your way into fun on a Friday night! Students will start with single timing then transition to triple timing. Simple instructions will help you learn quickly, and feel comfortable on any dance floor. This is an excellent class for all levels and for those who want to improve their leading and following. Leather sole shoes are recommended. Singles or couples welcome.

8 Classes Instructor: Catherine Morgan

16 Years+ \$50 Res/\$60 Non Res

Dublin Senior Center

Fri 1/23-3/13 8:00-8:55 PM Activity #36489

Adult Tap I

Appropriate for both beginner and intermediate dancers, students will be introduced to a variation of time steps, tap turns, floor combinations, and application of various syncopated rhythms to music with an emphasis on clean footwork. Tap shoes are required for this class.

9 Classes Instructor: Castro Valley Performing Arts

15 Years+ \$66 Res/\$79 Non Res

Heritage Park & Museums

Tue 1/20-3/17 7:45-8:45 PM Activity #36524

Adult Tap II

Tap II expands on the tap basics with the addition of intricate rhythm variations, so students should have previous tap dance experience/ classes. Tap provides great exercise for the mind and body! Loads of fun! Tap shoes are required for this class.

9 Classes Instructor: Castro Valley Performing Arts

15 Years+ \$66 Res/\$79 Non Res

Heritage Park & Museums

Tue 1/20-3/17 6:45-7:45 PM Activity #36525

Tue 4/14-6/9* 6:45-7:45 PM Activity #36526

* no class 6/2

MUSIC & ART

Guitar & Bass I

This class is designed for students without experience. Classes will cover the fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Guitar required—acoustic, or electric with an amplifier.

8 Classes Instructor: Marvin Ibe

8 - 15 Years \$105 Res/\$126 Non Res; plus \$20 materials fee

Ingram & Brauns Studio

Mon 1/12-3/2 3:30-4:25 PM Activity #36619

Mon 3/23-5/11 3:30-4:25 PM Activity #36620

Guitar Lessons For Beginners

Lesson format includes strumming, picking, scales and chords, and how they all work together to make music. You'll be playing songs by the end of class. Please bring guitar, picks, clip-on tuner, and folder or binder to each class.

6 Classes Instructor: Mark Stoebe

10 - 15 Years \$100 Res/\$120 Non Res

Heritage Park & Museums & Shannon Community Center

Sat 1/24-2/28 11:00 AM-12:30 PM Activity #36637

Sat 3/7-4/11 11:00 AM-12:30 PM Activity #36638

16 Years+ \$100 Res/\$120 Non Res

Heritage Park & Museums & Shannon Community Center

Sat 1/24-2/28 1:00-2:30 PM Activity #36656

Sat 3/7-4/11 1:00-2:30 PM Activity #36657



Beginning Acoustic Guitar

This is not your typical introductory guitar class...no musical experience is necessary to start playing immediately. As the class progresses you'll learn the rudiments of reading music, notes below the 5th fret for all six strings, popular and open chords, and techniques through the music of various contemporary artists. See that learning to play can be fun and rewarding. Guitar required.

6 Classes Instructor: Glenn Staller

13 Years+ \$99 Res/\$119 Non Res; plus \$20 materials fee

Shannon Community Center

Mon 1/12-3/2* 7:00-8:00 PM Activity #36480

*no class 1/19 & 2/16

Beginning Ukulele

Master the basics of playing the ukulele! The focus is on learning chords, strumming, and melodies through playing contemporary and traditional Hawaiian songs. Participants will play songs together as a group each week. Course revised with additional songs.

5 Classes Instructor: Glenn Staller

13 Years+ \$89 Res/\$107 Non Res; plus \$20 materials fee

Shannon Community Center

Mon 3/9-4/6 7:00-8:00 PM Activity #36490

Fun Sculpting for Kids

Make cool sculptures of animals, creatures, or anything you'd like—be imaginative! Learn the proper ways of working with clay to get great results and have fun. Natural creativity, combined with new skills will result in awesome works of art! Clay and tools are provided.

Instructor: Eric Haggin

5 - 13 Years

Heritage Park & Museums

6 Classes \$102 Res/\$122 Non Res

Fri 4/3-5/15* 4:00 PM-5:15 PM Activity #36471

*no class 4/10

Sat 4/4-5/16* 10:00 AM-11:15 AM Activity #36472

Sat 4/4-5/9* 11:30 AM-12:45 PM Activity #36473

*no class 4/11

8 Classes \$136 Res/\$163 Non Res

Heritage Park & Museums

Fri 1/16-3/6 4:00 PM-5:15 PM Activity #36440

Sat 1/17-3/7 10:00 AM-11:15 AM Activity #36442

Sat 1/17-3/7 11:30 AM-12:45 PM Activity #36443

Ceramic Sculpture

This sculpting class is for any artist interested in creating sculptures. Advanced sculptors are welcome, but no experience is necessary. Working with ceramic clay, you will make sculptures based on your family photos, reference photos, or directly from your imagination. We will use simple tools and fundamental artistic principles of proportion, simplification, and careful observation to make great sculptures. This will be a fun, no-pressure environment, but you will be encouraged to fully complete at least one sculpture worth keeping forever. Clay and tools are provided.



Instructor: Eric Haggin

12 Years+

Heritage Park & Museums

6 Classes \$120 Res/\$144 Non Res

Fri 4/3-5/15* 7:00-9:00 PM Activity #36474

*no class 4/10

Sat 4/4-5/9* 3:00-5:00 PM Activity #36475

*no class 4/11

8 Classes \$160 Res/\$192 Non Res

Heritage Park & Museums

Fri 1/16-3/6 7:00-9:00 PM Activity #36444

Sat 1/17-3/7 3:00-5:00 PM Activity #36445

PERFORMING ARTS

Crazytown!

Take a tour of the most messed-up town in America, from the police interrogation room where the nicest guy in town is issued a strange ultimatum, to the elementary school where heated political debates on critical issues like tater tots take place. Then onto the thrilling world of watching dudes watch sports, and last but not least, learn about the latest invention—the ScriptCleaner5000. Welcome to Crazytown, where our motto is: Welcome to Crazytown! Everyone is cast. We play theater games to increase confidence and work heavily on character development for the show. Additional rehearsals on 3/18 & 3/20. Materials fee covers costumes, props, scripts and sets. Final performance on 3/21 & 3/22; \$5 admission.

14 Classes Instructor: Tri Valley Young Performers Academy

8 - 18 Years \$300 Res/\$320 Non Res; plus \$50 materials fee

Shannon Community Center

Tue 1/13-3/22 5:30-8:30 PM Activity #36629

Check Please!

Dating can be hard, especially when your date happens to be a raging kleptomaniac, or your grandmother's bridge partner, or a mime. *Check Please!* follows a series of blind dinner dates that couldn't get any worse—until they do. Could there possibly be light at the end of the tunnel? Everyone is cast. We play theater games to increase confidence and work heavily on character development for the show. Additional rehearsals on 6/3 & 6/5. Materials fee covers costumes, props, scripts and sets. Final performance on the weekend of 6/6; \$5 admission.

14 Classes Instructor: Tri Valley Young Performers Academy

8 - 17 Years \$300 Res/\$360 Non Res, plus \$50 materials fee

Shannon Community Center

Tue 3/31-6/7 5:30-8:30 PM Activity #36623

ENRICHMENT**Animation Creators: 3D Animation**

Freshi Media is going 3D! In this exciting class students will use Blender Software to learn how to create short 3D animations using primary objects (cubes, spheres and cylinders). Once they are familiar with the animation process, students will dive into 3D modeling, which includes creating geometric faces, vertices, and edges, including creating their own basic 3D creature.

8 Classes Instructor: Freshi Media

8 - 13 Years \$135 Res/\$162 Non Res

Dublin Public Library

Wed 3/18-5/20* 3:30-4:45 PM Activity #36674

*no class 4/1 & 5/6

Tech Builders App Design

The Freshi Media app development experience is a fun and exciting introduction for students to learn different aspects of app design. Each class will introduce a new app concept where students create their own graphics and then program them into their own mobile app test project. Emphasis is placed on exposing students to basic concepts, giving them a taste of what it is like to design and develop mobile apps.

8 Classes Instructor: Freshi Media

9 - 14 Years \$135 Res/\$162 Non Res

Dublin Public Library

Tue 1/13-3/3 3:30-4:45 PM Activity #36672

**Child and Babysitting Safety**

Babysitting is not just "watching" the children, but being responsible for their safety and well-being. Students will focus on safety, emergency response, diapering, playtime, and interacting with parents. Participants will receive certification cards from American Safety Academy.

1 Class Instructor: American Safety Academy

12 - 17 Years \$50 Res/\$60 Non Res

American Safety Academy

Sat 1/31 10:00 AM-2:30 PM Activity #36423

Sat 3/7 10:00 AM-2:30 PM Activity #36424

CPR, AED and First Aid

Did you know that 75 to 80% of all out-of-hospital cardiac arrests happen at home and that the majority of victims receive no hands-on care until EMS arrives? Properly applied, CPR and First Aid can save lives and reduce recovery times. Learn to recognize signs of cardiac arrest, and how to deal with emergencies like bleeding, shock, burns, sprains, fractures, allergic reactions, seizures and more.

1 Class Instructor: American Safety Academy

13 Years+ \$72 Res/\$86 Non Res

American Safety Academy

Sun 2/22 3:30-8:00 PM Activity #36426

Sat 3/28 9:30 AM-2:00 PM Activity #36425

MARTIAL ARTS**Beginning Karate**

Begin training in the Korean martial art of Tang Soo Do. Participants will develop respect, discipline, and coordination, while learning the basic blocks, punches, kicks, patterns and sparring techniques of Tang Soo Do.

13 Classes Instructor: Robert Berger

7 - 15 Years \$90 Res/\$108 Non Res

Dublin Public Library

Mon 1/26-5/11* 5:45-6:30 PM Activity #36434

*no class 2/16, 3/9 & 3/16

Advanced Karate

In a continuation from lessons taught in the Beginning Karate class, students will learn advanced blocking, striking and kicking techniques. As they advance through the colored belt ranks, students will learn balance, fluidity, speed, power, and control. Students should have advanced to purple belt before registering for this class, unless otherwise invited. Uniforms are required.

13 Classes Instructor: Robert Berger

7 - 14 Years \$90 Res/\$108 Non Res

Dublin Public Library

Mon 1/26-5/11* 6:30-7:30 PM Activity #36435

*no class 2/16, 3/9 & 3/16

Karate

Students will be immersed in the Korean Martial Art of Tang Soo Do while learning basic blocks, punches, kicking and sparring techniques that instill discipline and self-control.

13 Classes Instructor: Robert Berger

15 Years+ \$90 Res/\$108 Non Res

Dublin Public Library

Mon 1/26-5/11* 7:30-9:30 PM Activity #36436

*no class 2/16, 3/9 & 3/16

Filipino Martial Arts (Eskrima/Arnis and Open Hand)

Learn Filipino weapon-based martial arts of self-defense, particularly those that focus on stick-fighting (baston) or blade. This also includes applying empty-handed striking methods, joint locking, disarming, and take downs maneuvers. Uniforms and baston (stick) are not included they can be purchased on the first day of class.

17 Classes Instructor: Ed Untalan

12 Years+ \$225 Res/\$270 Non Res

Dublin Public Library

Thu 1/8-5/28* 5:30-6:25 PM Activity #36484

*no class 1/22, 3/5, 3/12 & 4/2

FITNESS & SPORTS

Pilates Plus

Become leaner, stronger and revitalized through Pilates. Pilates is a system of exercises utilizing the body and mind to increase flexibility and strength. The focus of Pilates is on the "powerhouse" muscles, which encompasses the core muscles of the torso and the relation of the abdominal to the back muscles. This special class also uses rollers and balls for myofascial and muscle release. Designed for all levels; students focus on body awareness in a fun informative format.

Instructor: Judith Connaughton

16 Years+

Dublin Senior Center

4 Classes \$40 Res/\$48 Non Res

Mon 1/12-2/9* 6:45-7:45 PM Activity #36437

*no class 1/19

5 Classes \$50 Res/\$60 Non Res

Mon 2/23-3/23 6:45-7:45 PM Activity #36438

6 Classes \$60 Res/\$72 Non Res

Mon 4/6-5/11 6:45-7:45 PM Activity #36439

Registration Dates

Resident registration begins

Monday, December 22

Non Resident registration begins

Monday, January 5



Zumba Fitness with Robin

Dance to great music and burn a ton of calories without even realizing it! Each Zumba class is designed to bring people together to sweat it on. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise. What are the benefits? It's a total workout, combining all elements of fitness—cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

16 Classes Instructor: Robin Cranford

16 Years+ \$117 Res/\$140 Non Res

Dublin Senior Center

Tue 1/20-5/12* 7:15-8:15 PM Activity #36517

*no class 3/31

Wed 1/21-5/13* 6:00-7:00 PM Activity #36516

*no class 4/1

Boys Beginning Gymnastics

Learn the basics of this Olympic sport, including an introduction to vault, pommel horse, rings, floor, parallel bars and high bar. Students will leave each class with the proper techniques to experience confidence in performing these skills.

Instructor: Edge Gymnastics

6 - 17 Years

Edge Gymnastics

9 Classes \$152 Res/\$182 Non Res

Mon 1/19-3/16 2:30-3:30 PM Activity #36886

8 Classes \$135 Res/\$162 Non Res

Mon 3/23-5/11 2:30-3:30 PM Activity #36888

Girls Beginning Gymnastics

Learn the basics of this Olympic sport, including an introduction to vault, uneven parallel bars, balance beam, and floor exercises. Students will leave each class with the proper techniques to experience confidence in performing these skills.

Instructor: Edge Gymnastics

6 - 17 Years

Edge Gymnastics

9 Classes \$152 Res/\$182 Non Res

Mon 1/19-3/16 2:30-3:30 PM Activity #36884

Tue 1/20-3/17 2:30-3:30 PM Activity #36880

8 Classes \$135 Res/\$162 Non Res

Mon 3/23-5/11 2:30-3:30 PM Activity #36881

Tue 3/24-5/12 2:30-3:30 PM Activity #36883

DUBLIN L.e.a.D.

LEADERSHIP SKILLS, JOB EXPERIENCE AND PERSONAL DEVELOPMENT

The Dublin LEAD program is open to teens entering 7th grade or higher. It teaches teens valuable job and leadership skills. Participants will assist with the City of Dublin's summer camps and aquatic programs. They will receive training in a variety of job-related skills including: resume writing, job search techniques, interview skills, and social media etiquette. Specific job skills for recreation professionals will also be covered, including: How to lead an activity, how to engage participants, water safety skills, playground and park safety, and supervising participants. Participants will have the opportunity to assist City of Dublin staff members during summer camp and swim lesson times throughout the summer.

Upon acceptance, participants will attend the Dublin LEAD training the week of May 26, and attend additional trainings throughout the summer.

HOW TO SIGN-UP

- Applications will be available online on March 30, on the Teen page at www.dublin.ca.gov.
- Applications will be accepted until April 17 at 5:00 PM.
- All qualified participants will be interviewed the week of May 4.
- An informational meeting for parents will be held on June 3 at the Dublin Civic Center.
- Participants are encouraged to assist with recreational programs for at least two weeks in the summer.

Beginning Tumbling

This class will provide students with the proper techniques to tumble. This acrobatic discipline is often used in other sports such as cheerleading and diving. Students will learn basic skills including cartwheels, handstands, rolls and progressions for round-offs. Learn how to do tumbling and back hand springs on our in-ground and above-ground Tumble-Tracks.

Instructor: Edge Gymnastics

6 - 17 Years

Edge Gymnastics

9 Classes \$152 Res/\$182 Non Res

Tue 1/20-3/17 2:30-3:30 PM Activity #36889

8 Classes \$135 Res/\$169 Non Res

Tue 3/24-5/12 2:30-3:30 PM Activity #36890

Tennis Tournament Groups: Novice

Lessons focus on stronger stroke production and point development. Instructor/student ratio of 1:6.

Prerequisite: Quick Start Green Intermediate

Instructor: Arora Tennis

7 - 15 Years

Fallon Sports Park

6 Classes \$159 Res/\$191 Non Res; plus \$10 equipment fee

Wed 1/7-2/11 4:30-6:00 PM Activity #36953

Fri 1/9-2/13 4:30-6:00 PM Activity #36955

7 Classes \$185 Res/\$222 Non Res; plus \$10 equipment fee

Wed 2/25-4/8 4:30-6:00 PM Activity #36954

Fri 2/27-4/10 4:30-6:00 PM Activity #36956

Wed 4/22-6/3 4:30-6:00 PM Activity #37100

Fri 4/24-6/5 4:30-6:00 PM Activity #37101



TEENS

Tennis Tournament Groups: Challenger

Lessons focus on point play and shot strategy; participants should already possess solid strokes. Instructor/student ratio of 1:6.

Prerequisite: Novice Tournament group

Instructor: Arora Tennis

7 - 18 Years

Fallon Sports Park

6 Classes \$199 Res/\$239 Non Res; plus \$10 equipment fee

Mon 1/5-2/9 6:30-8:30 PM Activity #36957

Wed 1/7-2/11 6:00-8:00 PM Activity #36958

7 Classes \$232 Res/\$278 Non Res; plus \$10 equipment fee

Mon 2/23-4/6 6:30-8:30 PM Activity #36959

Wed 2/25-4/8 6:00-8:00 PM Activity #36960

Mon 4/20-6/8* 6:30-8:30 PM Activity #37102

**no class 5/25*

Wed 4/22-6/3 6:00-8:00 PM Activity #37103

Tennis Tournament Groups: Open

Lessons focus on high level competition with an emphasis on conditioning. Instructor/student ratio of 1:6.

Prerequisite: Challenger Tournament Group

Instructor: Arora Tennis

7 - 18 Years

Fallon Sports Park

6 Classes \$199 Res/\$239 Non Res; plus \$10 equipment fee

Tue 1/6-2/10 6:00-8:00 PM Activity #36961

Thu 1/8-2/12 6:30-8:30 PM Activity #36962

7 Classes \$232 Res/\$278 Non Res; plus \$10 equipment fee

Tue 2/24-4/7 6:00-8:00 PM Activity #36963

Thu 2/26-4/9 6:30-8:30 PM Activity #36964

Tue 4/21-6/2 6:00-8:00 PM Activity #37104

Thu 4/23-6/4 6:30-8:30 PM Activity #37105



TEENS

Private Tennis Lessons

Private tennis lessons for youth or adult players are available at all Dublin public tennis courts. Please visit www.dublinrecguide.com to learn about the Arora Tennis instructors, and different half-hour and hour lesson options. Semi-private lessons are also available.

Tennis Tournament Groups: Championship

Lessons focus on very high level competition with a strong emphasis on conditioning. Instructor/student ratio of 1:6.

Prerequisite: High School Varsity experience or equivalent ability.

Instructor: Arora Tennis

13 - 18 Years

6 Classes \$199 Res/\$239 Non Res; plus \$10 equipment fee

Emerald Glen Park

Mon 1/5-2/9 6:00-8:00 PM Activity #36965

Wed 1/7-2/11 6:00-8:00 PM Activity #36967

7 Classes \$232 Res/\$278 Non Res; plus \$10 equipment fee

Emerald Glen Park

Mon 2/23-4/6 6:00-8:00 PM Activity #36966

Wed 2/25-4/8 6:00-8:00 PM Activity #36968

Mon 4/20-6/8* 6:00-8:00 PM Activity #37106

**no class 5/25*

Wed 4/22-6/3 6:00-8:00 PM Activity #37107

California Player Development Academy: 3 on 3 Fundamentals

Learn, have fun, and compete in a positive basketball environment. Players are exposed to: Shot Club—all players will shoot a minimum number of shots each week and learn to create their own shot; Athletic Skills—running, jumping, quickness skills; Basketball Skills—dribbling, passing, defense, catching and receiving, rebounding and footwork; Tactical Skills—cuts, getting open, spacing, defensive assignments, offensive moves and screening. Sessions include 30 minutes of fundamental skills work, and 30 minutes of 3-on-3 games. Awards, prizes and written player evaluations are included.

6 Classes *Instructor: Fallon Middle School Coach, Brendan Devane*

Coed, 4th - 8th Grades \$119 Res/\$143 Non Res

Stager Community Gymnasium

less than 2 years organized basketball experience

Sun 1/11-2/15 10:00-11:00 AM Activity #37146

Sun 3/1-4/19* 10:00-11:00 AM Activity #37149

**no class 3/22 & 4/5*

more than 2 years organized basketball experience

Sun 1/11-2/15 11:15 AM-12:15 PM Activity #37147

Sun 3/1-4/19* 11:15 AM-12:15 PM Activity #37148

**no class 3/22 & 4/5*

☘ Junior Golf School

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport. This introductory class is open to all skill levels. Full swing fundamentals, and short game skills (chipping and putting) will be taught, as well as golf etiquette and rules. Bring your own clubs; limited golf clubs are available. Golf or tennis shoes required.

5 Classes Instructor: Marissa Apodaca, Assistant Golf Professional

7 - 17 Years \$114 Res/\$137 Non Res

Dublin Ranch Golf Course

Thu	4/9-5/7	5:00 PM-6:00 PM	Activity #37109
Sat	4/11-5/9	10:15 AM-11:15 AM	Activity #37110
Sat	4/11-5/9	11:30 AM-12:30 PM	Activity #37111
Sun	4/12-5/10	10:00 AM-11:00 AM	Activity #37112
Thu	5/28-6/25	5:00 PM-6:00 PM	Activity #37114
Sat	5/30-6/27	11:30 AM-12:30 PM	Activity #37116
Sat	5/30-6/27	10:15 AM-11:15 AM	Activity #37115
Sun	5/31-6/28	10:00 AM-11:00 AM	Activity #37117

☘ Intro to Volleyball

The basics of volleyball will be taught by club level volleyball coaches. Passing, setting, serving, and spiking will be learned in a fun, supportive atmosphere. This class will establish a great foundation that should excite players about continuing to play volleyball in the future. CLUB VIP coaches have been passionately teaching volleyball and organizing juniors teams in the Tri-Valley area since 2003.

4 Classes Instructor: CLUB VIP

12 - 14 Years \$59 Res/\$71 Non Res

Stager Community Gymnasium

Thu	4/9-4/30	6:00-7:00 PM	Activity # 37164
Thu	5/7-5/28	6:00-7:00 PM	Activity # 37166

☘ CLUB VIP Spring Girls Volleyball League

The City of Dublin, in collaboration with SANCRA East Bay and Club VIP, is offering a multi-city spring volleyball league. Other participating cities are Livermore, Newark, Pleasanton and Union City. This recreational league will provide female athletes, ages 10 to 14, the opportunity to learn the sport of volleyball through instructional skill practices and developmental team play. Thursday practices will be led by Club VIP coaches. Three Saturday tournaments will rotate through the participating cities. Weekend tournament dates and times TBD.

9 Weeks

Girls, 10 - 14 Years \$195 Res/\$234 Non-Res

Stager Community Gymnasium

Thu	3/26-5/21	7:00-9:00 PM	Activity #37162
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Volunteer Coaching for Spring League

Are you interested in coaching volleyball? Please email robert.beasley@dublin.ca.gov, or call (925) 556-4500 to complete a Volunteer Coach application. Fingerprinting is required. Volunteer coaches will be used for Saturday tournaments and are encouraged to help at Thursday practices.



☘ Youth Volleyball Pre-Season Open Gym

Prior to the Club VIP Spring league and Intro to Volleyball classes, two weeks of youth open gym volleyball are scheduled. This is the perfect opportunity to get some practice and experience. Staff will facilitate that like ages and abilities are playing together, and pass on some volleyball pointers.

12 - 14 Years \$3.50 per participant, collected on-site

Court 2, Stager Community Gymnasium

Thu	3/12 & 3/19	6:00-8:00 PM
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☘ Core Volleyball

Highly trained and experienced staff will teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. This program is a great introduction to the world of Club Volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques with a heavy concentration on footwork and arm swing techniques. Players will be placed on teams based on age and skill level. Fee includes a t-shirt.

12 Practices Lead Instructor: Jack Cowden, Dominican College and USA Volleyball High Performance Coach

12 - 14 Years \$199 Res/\$239 Non-Res

Core Performance

Tue & Thu	1/20-2/26	4:00-5:30 PM	Activity #37198
Tue & Thu	3/3-4/9	4:00-5:30 PM	Activity #37199

SPRING BREAK CAMP

☘ Mighty Aces Spring Break Tennis Camp

Camp will focus on improving stroke techniques, consistency, and gaining control of shots—all while having loads of fun and making new friends. Each day includes a half-hour of a different sport, skill-building, or a hand-eye coordination team game. Campers will be divided up by age and appropriate skill levels. A tournament will be played on the last day that will include prizes and awards.

5 Classes Instructor: Arora Tennis

7 - 16 Years \$149 Res/\$179 Non Res

Fallon Sports Park

Mon-Fri	3/30-4/3	9:00 AM-12:00 PM	Activity #37160
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